



Republic of the Philippines
Department of Education

Caraga Region
SCHOOLS DIVISION OF SURIGAO DEL SUR

DEPED-DIVISION OF SURIGAO DEL SUR
RELEASED
 DATE: Dec. 10, 2025
 TIME: 9:17am
 SIGNATURE:

DIVISION MEMORANDUM

No. 555 , s. 2025

To: Chief Education Supervisor
 Education Program Supervisors
 Public Schools District Supervisors/In-Charge
 Elementary and Secondary School Heads
 District ARAL Reading and English Coordinators
 All Others Concerned

ARAL WITH HEART & MIND: INTEGRATING SOCIO-EMOTIONAL LEARNING (SEL) AND THE SCIENCE OF READING FOR INCLUSIVE LITERACY RECOVERY (Batch1)

- In line with Regional Memorandum No. 1079, s. 2025, and in support of the Department of Education's Early Language Literacy and Numeracy (ELLN) Program and Academic Recovery and Accessible Learning (ARAL) Program, which both aim to strengthen foundational reading and numeracy skills in the early grades through early intervention to ensure that no learner is left behind, the division will conduct a training titled **"ARAL WITH HEART & MIND: INTEGRATING SOCIO-EMOTIONAL LEARNING (SEL) AND THE SCIENCE OF READING FOR INCLUSIVE LITERACY RECOVERY for Batch1 on December 15-17, 2025 at VFS Agri-Tourism and Adventure Park, Barangay Jubang, Tago, Surigao del Sur.**
- This activity aims to equip education leaders and teachers with the necessary Knowledge and tools to effectively integrate SEL into literacy instruction, anchored on the Science of Reading (SoR) framework. The SOR provides research-based approach to effective reading instruction, while SEL ensures that learners are emotionally prepared, motivated, and resilient to engage meaningfully in the learning process.
- The target participants include the Public Schools District Supervisors/In-Charge, District ARAL Reading/English Coordinator, School Head, School ARAL Coordinator, Elementary Tutors, Secondary Tutors handling ARAL Reading Basic from the 21 districts, are detailed in the table below:

District	PSDS/DIC or Representative	District Reading/English Coordinator	School Head	School ARAL Coordinator	Elementary Tutors	Secondary Tutors handling ARAL Reading Basic	Total
Barobo	1	1	5	5	6	6	24
Bayabas	1	1	5	5	6	6	24
Cagwait	1	1	5	5	6	6	24
Cantilan	1	1	5	5	6	6	24
Carmen	1	1	5	5	6	6	24
Carrascal	1	1	5	5	6	6	24
Cortes	1	1	5	5	6	6	24
Hinatuan North	1	1	5	5	6	6	24
Hinatuan South	1	1	5	5	6	6	24

Address: Balijahan, Mabua, Tandag City, Surigao del Sur, 8300

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Lanuza	1	1	5	5	6	6	24
Lianga	1	1	5	5	6	6	24
Lingig 1	1	1	5	5	6	6	24
Lingig 2	1	1	5	5	6	6	24
Madrid	1	1	5	5	6	6	24
Marihatag	1	1	5	5	6	6	24
San Agustin	1	1	5	5	6	6	24
San Miguel 1	1	1	5	5	6	6	24
San Miguel 2	1	1	5	5	6	6	24
Tagbina 1	1	1	5	5	6	6	24
Tagbina 2	1	1	5	5	6	6	24
Tago	1	1	5	5	6	6	24
Total No of participants	21	21	105	105	126	126	504
LFs/PMT	21						21
Over-all Total							525

4. The Public Schools District Supervisors/District In-charge and District ARAL Reading/English Coordinator are responsible for identifying and submitting the names of the required participants from their respective districts, based on the prescribed number of attendees stated above. The link for inputting the names of participants is: <https://tinyurl.com/LISTOFFAX-ARAL-SEL>.

5. The first meal to be served will be dinner on December 15, 2025, and the last meal will be lunch on December 17, 2025. Participants are required to bring a laptop, charger, and extension wire for the workshop.

6. To ensure that the topics and appropriate materials for each session are well prepared, the 16 Learning Facilitators trained at the Regional level and the identified Program Management Team (PMT) are requested to attend the Pre-Workshop Conference on December 14, 2025 from 8:00 a.m. to 5:00 p.m. at the same venue.

7. Participants from the Districts of Tago, San Miguel 1, San Miguel 2, Bayabas, Cagwait, and Cortes are ineligible for the two nights of accommodation as their respective areas fall within the fifty (50)-kilometer radius of the venue. This exclusion is based on established government accounting and auditing rules and regulations regarding the provision of lodging for personnel residing in close proximity to the training site.

8. To ensure No Disruption of Classes (in strict adherence to DepEd Order No. 09, s. 2005), participants must submit an approved Teacher-Substitute Assignment Plan. This plan must be prepared by the participant, signed by the reliever(s), and approved by the School Head.

9. Travel expenses of the Learning Facilitators and Program Management Team, including the meals, snacks, training kits, and accommodations of the participants, shall be charged to the BEC Continuing Funds with Sub-ARO No. RO-13-25-01751. Travel expenses of the participants and other incidental expenses incurred during the activity shall be charged against School Maintenance and Other Operating Expenses (MOOE) or local funds, subject to the usual accounting and auditing rules and regulations.



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10. For inquiries or clarifications regarding this Memorandum, you may contact Jonathan L. Ambel, Education Program Supervisor/Division ARAL Reading Coordinator, Curriculum Implementation Division (CID), at jonathan.ambel@deped.gov.ph
11. Immediate and wide dissemination of this Memorandum is desired.

LORENZO O. MACASOCOL, PhD, CESO VI
Schools Division Superintendent

Encl.: As Stated
Reference: DO 18, s. 2025 & DM 64, s. 2025
To be indicated in the Perpetual Index
under the following subjects:

INTERVENTION

LITERACY

READING

CID/jla_12/08/2025



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Enclosure 1 to Division Memorandum No. _____, s. 2025

**ARAL WITH HEART & MIND: INTEGRATING SOCIO-EMOTIONAL LEARNING (SEL) AND THE
 SCIENCE OF READING FOR INCLUSIVE LITERACY RECOVERY (BATCH 1)**
 VFS Agri-Tourism and Adventure Park, Barangay Jubang, Tago, Surigao del Sur
 December 15-17, 2025
INDICATIVE MATRIX

Day/Date	Time	No. of Hours	Session No	Session Topics/Activity	CLASS A @ DELFIN HALL	CLASS B @ ALFRESCO VENUE	CLASS C @ LONCIO HALL 1	CLASS D @ LONCIO HALL 2
Day 0/ December 14, 2025	8:00 AM - 5:00 PM	8 hrs	For LFs and PMT only	Whole Day Dry-run of the Learning Facilitators	Pre-Work	Pre-Work	Pre-Work	Pre-Work
				Material Preparations by the PMT				
Day 1/ December 15, 2025	7:00 AM - 9:30 AM	2 hours	Arrival/Registration/Opening Program at the Plenary Hall		@DELFIN HALL			
	9:30 AM - 9:45 AM	15 mins	Break Away					
	9:45 AM - 10:00 AM	15 mins	Health Break					
	10:00 AM-11:00 AM	60 mins	Session 1	SEL in Literacy Context	ANNABELLE R. CUBIL, PhD <i>P-III/District In-Charge, San Agustin District</i>	ANALIZA M. GUEVARRA <i>P-II, R.Moreno IS, Lianga District</i>	DOLORES M. BUAL <i>P-II, San Agustin Central Elementary School</i>	CHANELLOU MARTINEZ <i>P-I, Barcelona Central Elementary School, Lingig 2</i>
					GIGIE C. VIRTUDAZO <i>MT-I, Batunan ES, Tagbina I District</i>	JENYLOU M. VERGARA <i>MT-I/TIC, Mahogany IS, Lingig 2 District</i>	ANIBEL A. LAMO, EdD <i>MT-I, Jose Sanvictores Sr. High School, Cagwait District</i>	BRIDGET T. ESCATRON <i>MT-I, Madrid National High School, Madrid District</i>
	11:00 AM-12:00 PM	60 mins	Session 2	Introduction to ExSELLEnt: Exemplifying SEL in Learner's Environs and Teacher's Pedagogy	GIGIE C. VIRTUDAZO <i>MT-I, Batunan ES, Tagbina I District</i>	JENYLOU M. VERGARA <i>MT-I/TIC, Mahogany IS, Lingig 2 District</i>	ANIBEL A. LAMO, EdD <i>MT-I, Jose Sanvictores Sr. High School, Cagwait District</i>	BRIDGET T. ESCATRON <i>MT-I, Madrid National High School, Madrid District</i>
	12:00 PM - 1:00 PM	60 mins	Lunch Break					
	1:00 PM - 1:15 PM	15 mins	Mode Setting-MOL					
	1:15 PM - 2:15 PM	60 mins	Session 3	Looking Inward: Developing the Self	CELYMAY O. BUNIEL <i>MT-II, Tabon-Tabon ES/Tago District</i>	MEDELYN C.TRINIDAD <i>MT-I, Mabalin ES/Cortes District</i>	IMELDA A. TINAMPAY <i>MT-II, Hinatuan South Central ES, Hinatuan South District</i>	GRACE MAE O. MONTENEGRO <i>T-II, Lingig National High School/Lingig I District</i>
					CELYMAY O. BUNIEL <i>MT-II, Tabon-Tabon ES/Tago District</i>	MEDELYN C.TRINIDAD <i>MT-I, Mabalin ES/Cortes District</i>	IMELDA A. TINAMPAY <i>MT-II, Hinatuan South Central ES, Hinatuan South District</i>	GRACE MAE O. MONTENEGRO <i>T-II, Lingig National High School/Lingig I District</i>
	2:15 PM - 2:30 PM	15 mins	Health Break					
	2:30 PM - 3:30 PM	60 mins	Session 4	Looking Outward: Knowing and Understanding My Learners	CELYMAY O. BUNIEL <i>MT-II, Tabon-Tabon ES/Tago District</i>	MEDELYN C.TRINIDAD <i>MT-I, Mabalin ES/Cortes District</i>	IMELDA A. TINAMPAY <i>MT-II, Hinatuan South Central ES, Hinatuan South District</i>	GRACE MAE O. MONTENEGRO <i>T-II, Lingig National High School/Lingig I District</i>
					CELYMAY O. BUNIEL <i>MT-II, Tabon-Tabon ES/Tago District</i>	MEDELYN C.TRINIDAD <i>MT-I, Mabalin ES/Cortes District</i>	IMELDA A. TINAMPAY <i>MT-II, Hinatuan South Central ES, Hinatuan South District</i>	GRACE MAE O. MONTENEGRO <i>T-II, Lingig National High School/Lingig I District</i>
3:30 PM - 4:45 PM	1 hour & 15 mins	N/A	Professional Reflection Journal	Writing Journal	Writing Journal	Writing Journal	Writing Journal	
4:45 PM - 5:00 PM		QAME Evaluation						
5:00 PM - 6:00 PM		LF/PMT Debriefing						
6:00 PM - 7:30 PM		Dinner						



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Day/Date	Time	No. of Hours	Session No.	Session Topics/Activity	CLASS A @ DELFIN HALL	CLASS B @ ALFRESCO VENUE	CLASS C @ LONCIO HALL 1	CLASS D @ LONCIO HALL 2
Day 2/ December 16, 2025	6:00 AM - 7:45 AM	1 hour & 45 mins		Breakfast				
	7:45 AM - 8:00 AM	15 mins		Mode Setting-MOL				
	8:00 AM - 10:00 AM	2 hours	Session 5	Review of Practices in Teaching Reading using the SEL Lens	CRISTDALE A. LUGAO T-III, Gamut National High School, Tago District	ALBERTO ESTAMPA MT-I, Carrascal National High School, Carrascal District	MYRA A. GASCON MT-I, San Pedro Elementary School, Lianga District	LEAH C. VITANZOS T-III, Baraba National High School, Baraba District
	10:00 AM - 10:15 AM	15 mins		Health Break				
	10:15 AM - 12:00 PM	1 hour & 45 mins	Session 5	Review of Practices in Teaching Reading using the SEL Lens (CONTINUATION...)	CRISTDALE A. LUGAO T-III, Gamut National High School, Tago District	ALBERTO ESTAMPA MT-I, Carrascal National High School, Carrascal District	MYRA A. GASCON MT-I, San Pedro Elementary School, Lianga District	LEAH C. VITANZOS T-III, Baraba National High School, Baraba District
	12:00 PM - 1:00 PM	60 mins		Lunch Break				
	1:00 PM - 1:15 PM	15 mins		Mode Setting-MOL				
	1:15 PM - 2:45 PM	1.5 hours	Session 6	BEYOND THE FEAR Evidence -Based Approaches & Practical Strategies to Address Reading Anxiety	ANNABELLE R. CUBIL P-III/District In-Charge, San Agustin District	ANALIZA M. GUEVARRA P-II, R. Moreno IS, Lianga District	DOLORES M. BUAL P-II, San Agustin Central Elementary School	BRIDGET T. ESCATRON MT-I, Madrid National High School, Madrid District
	2:45 PM - 3:00 PM	15 mins		Health Break				
	3:00 PM - 4:30 PM	1.5 hours	Session 6	BEYOND THE FEAR Evidence -Based Approaches & Practical Strategies to Address Reading Anxiety (CONTINUATION...)	ANNABELLE R. CUBIL P-III/District In-Charge, San Agustin District	ANALIZA M. GUEVARRA P-II, R. Moreno IS, Lianga District	DOLORES M. BUAL P-II, San Agustin Central Elementary School	BRIDGET T. ESCATRON MT-I, Madrid National High School, Madrid District
	4:30 PM - 5:00 PM			QAME Evaluation				
	5:00 PM - 6:00 PM			LF/PMT Debriefing				
6:00 PM - 7:30 PM			Dinner					
Day/Date	Time	No. of Hours	Session No.	Session Topics/Activity	CLASS A @ DELFIN HALL	CLASS B @ ALFRESCO VENUE	CLASS C @ LONCIO HALL 1	CLASS D @ LONCIO HALL 2
Day 3/ December 17, 2025	6:00 AM - 7:45 AM	1 hour & 45 mins		Breakfast				
	7:45 AM - 8:00 AM	15 mins		Mode Setting-MOL				
	8:00 AM - 12:00 PM	4 hours		Parallel Demo Sessions and Cliniquing				
	12:00 PM - 1:00 PM	60 mins		Lunch Break				
	1:00 PM - 1:15 PM	15 mins		Mode Setting-MOL				
	1:15 PM - 3:15 PM	2 hours		Continuation on Parallel Demo Sessions and Cliniquing				
	3:15 PM - 3:30 PM	15 mins		Health Break				
	3:30 PM - 5:00 PM	1.5 hours		Closing and Ways Forward/ Closing Program/End of Activity Evaluation				



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Enclosure 2 to Division Memorandum No. _____, s. 2025

Program Management Team

Program Manager	<p>Overall Chair: Lorenzo O. Macasocol, PhD, CESO V Schools Division Superintendent</p> <p>Assistant Chair: Laila F. Danaque, EdD, CESO VI Assistant Schools Division Superintendent</p> <p>Manager: Carlos Tian Chow. C. Correos SGOD Chief</p> <p>Assistant Manager: Erlyn G. Mangadlao, SEPS, HRD</p>
Learning Manager	Fluellen L. Cos, PhD (CID Chief)
Assistant Learning Manager	Jonathan L. Ambel EPS English/ARAL Reading Coordinator
Resource Speakers/Learning Facilitators/Subject Matter Expert	<ol style="list-style-type: none"> 1. ANNABELLE R. CUBIL, PhD 2. ANALIZA M. GUEVARRA 3. DOLORES M. BUAL 4. CHANIELOU MARTINEZ 5. GIGIE C. VIRTUDAZO 6. JENYLOU M. VERGARA 7. ANIBEL A. LAMO, EdD 8. BRIDGET T. ESCATRON 9. CELYMAY O. BUNIEL 10. MEDELYN C. TRINIDAD 11. IMELDA A. TINAMPAY 12. GRACE MAE O. MONTENEGRO 13. CRISTDALE A. LUGAO 14. ALBERTO ESTAMPA 15. MYRA A. GASCON 16. LEAH C. VITANZOS
M&E Coordinator	PLT Ramil P. Tersona, DPA (EPS II, HRD)
Documenter	Marjun P. Ordon EPS-II, HRD
Welfare Officer	Hypzibah L. Andoy
Logistics officer	Marjun P. Ordon (EPS-II, HRD)



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