



Republic of the Philippines
Department of Education
Caraga Region
SCHOOLS DIVISION OF SURIGAO DEL SUR

Office of the Schools Division Superintendent

May 10, 2021

Division MEMORANDUM
No. *205*, s. 2021

HYPERTENSION AWARENESS MONTH

To : District/School Nurses
This Division

1. High Blood Pressure or also known as Hypertension is considered as a major contributing risk factor for many cardiovascular and kidney diseases and some often leads to stroke or death when uncontrolled and unmanaged.
2. Hypertension awareness month is observed every month of May by virtue of Proclamation No. 1761 signed last May 1, 2009 to increase cognizance of Filipinos about its considerable risks, signs, and symptoms as well as its prevention and control.
3. Every District/School Nurses should conduct Information Education Campaign on Hypertension activities and Blood Pressure Checking or monitoring to Teaching and Non-teaching personnel of their respective District/Schools.
4. Anent to this, the District Nurses shall submit the result of the blood pressure checking and monitoring using the google sheet with this link [https://docs.google.com/spreadsheets/2021 Hypertension Monitoring Sheet](https://docs.google.com/spreadsheets/2021%20Hypertension%20Monitoring%20Sheet). They shall consolidate by district for proper monitoring and referral of complications due to hypertension. The monthly submission will be on the 1st week of the following month.
5. Compliance to the existing IATF protocols and minimum public health standards must be observed during the conduct of above activity. Continued IEC on COVID-19 with emphasis on the preventive measures, its variants, and vaccines should also be conducted.
6. For information and compliance.

JOSITA B. CARMEN, CESO V
Schools Division Superintendent



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Date: 4/22/2021

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ISO Cert. No. AW/PH909100102

DC No: I-OSDS--002



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Encl.:

References: Proclamation No. 1761

To be indicated in the Perpetual Index
under the following subjects:

HEALTH ADVOCACY

HYPERTENSION

AAAL//DM- HYPERTENSION AWARENESS MONTH
2021/MAY 10, 2021



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